

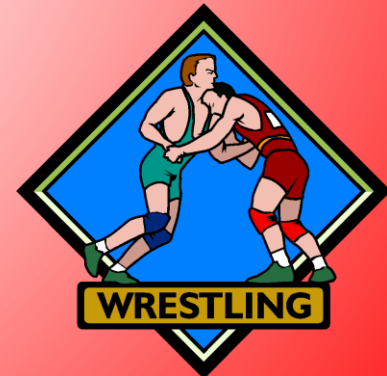
# Welcome to Centennial HS

Spring Sports Information for New and  
Returning Parents & Guardians!!!

Jeannie Prevosto, Athletics & Activities Manager

Email: [Jeannie\\_Prevosto @hcpss.org](mailto:Jeannie_Prevosto@hcpss.org)

Office: (410) 313-2865



# Topics We Will Cover

## Athletic Training Services (Pivot)

- *ATC Responsibilities (Injury, Rehab, Concussion & Covid Protocols)*

## HCPSS/CHS Requirements, Procedures, and Policies

- *Academic Eligibility, Drug & Alcohol Policy, Social Media, Attendance and Transportation*
- *Sportsmanship / HCPSS Rules of Conduct*
- *Athletic Schedules – CountySportZone & [chs.hcpss.org](http://chs.hcpss.org)*
- **Centennial Boosters Organization**
- **Coach Break-Out Google Meets**



# CHS Coaches...

**Allied Softball – Colin Moe**

**JV Baseball – Matt Baldwin**

**Varsity Baseball – Denis Ahearn**

**JV Boys Lacrosse – Ravi Bakhru**

**Varsity Boys Lacrosse – Gregg Smith**

**JV Girl's Lacrosse – Gina Ianazzi**

**Varsity Girl's Lacrosse – Ellen Johnson**

**Varsity Softball – Eddie Fowler**

**Tennis – Erin Parisi**

**Boys Outdoor Track & Field – Corey Eudell**

**Girls Outdoor Track & Field – Kevin McCoy**

# Coach Break-Out Google Meet Codes

## Coach Breakout Meetings - Time & Meet Codes:

Sport  
Code

Break-Out Google Meet

Baseball

CHS-

Baseball

Boys Lacrosse

CHS-

BoysLax

Girls Lacrosse

CHS-

GirlsLax

Softball

CHS-

Softball

Tennis (Boys & Girls)

CHS-Tennis

Track & Field (Boys & Girls)

CHS-TrackField

# Athletic Trainer



**CHS Athletic Trainer – Dan Ludlow**  
**[dludlow@pivoths.com](mailto:dludlow@pivoths.com) (Pivot Physical Therapy)**

**Cell Phone # (410) 443-3298**

- **M-F 2:00pm – 6:00pm/ALL Home Events;**
- **Injury Evaluation, Treatment and rehab care and consult;**
- **Communicates directly to the Coach, Student Athlete and Parent;**
- **Report all Injuries to the Trainer IMMEDIATELY!!**
- **Concussion/Covid Protocol;**



# **Covid Vaccination/PCR Test**

- **Any Spring Student Athlete who has not been Vaccinated against Covid 19 must get a Weekly PCR Test and show verification of the PCR Test to the Athletic Trainer here at CHS each Wednesday;**
- **PCR Tests are conducted at CHS each Wednesday, in Portable #5 from 10:30am-1:00pm and Friday's from 2:30-5:00PM;**
- **Students who do not comply will be PROHIBITED from practicing until they provide documentation of a PCR Test;**

# **Covid Symptoms? Stay Home!!!**

**Please do not send your child to school if they have any of these Symptoms:**

- New onset cough or shortness of breath;**
- Fever over 100.4 or chills within the past 24 hours;**
- Fatigue Muscle or Body Aches, Headache;**
- New loss of Taste or Smell;**
- Sore throat, Congestion or Runny Nose;**
- Nausea or Vomiting, Diarrhea**

# **General Guidelines for the Spring Athletic Season...**

- **Students bring their own water cooler/bottles each day. Sharing water bottles is prohibited;**
- **Face coverings are optional at practices, events, while traveling on a school bus;**
- **We suggest students continue to bring a hand towel, hand sanitizer and launder their practice/game gear on a regular basis;**
- **Parents please promptly pick your child up from Practices/Games;**

**Contact the Head Coach or Ms. Prevosto for any Concerns throughout the Season;**



***SAVE THE DATE...***

***Fall, 2022 & Winter, 2022***

***Fall Sports Try-Outs Begin Wednesday,  
August 10<sup>th</sup>, 2022***

***Winter Sports Try-Outs Begin Tuesday,  
November 15, 2022***

***Registration Begins 1 month before each date thru HCPSS Connect! Please keep the Fall Sports Start Date in mind when planning Family summer vacation.***

***SAVE THE DATE...***

***Spring Sports, 2023***

***Spring Sports Try-Outs begin***

***Wednesday, March 1<sup>st</sup>, 2023***

**Registration will begin approximately one month thru HCPSS  
Connect!**

# **OUTSIDE PARTICIPATION**

**Athletes may participate on an outside team during the sport season, as long as it does not conflict with the school's practice or games.**

# Multi-Jurisdictional Competition

**Each Local School System (LSS) shall have implemented COVID-19 Policies & Procedures in their School System in accordance with the Maryland Department of Health, MPSSAA, and the LSS Health Department Requirements.**

- *During any multi-jurisdictional competition, the policies and procedures of the hosting sites jurisdiction shall be followed by all competing schools;*
- *ALL Students are to have two face masks in their Travel Backpack to ALL Home & Away Games (in case one breaks) should the LSS require a Mask Indoors;*

# Hall Lockers - Get One

- All students can be issued a Hall locker at their request. Students who would like a Hall locker are to ask a front office secretary for a locker and combination;
- A Hall Locker may be accessed anytime during the school day, whereas the Team Locker is unavailable from 7:30-2:10PM;
- Students may secure a Hall locker at any time of the year from the main office.
- CHS & HCPSS are not Responsible for any Lost Item or any Stolen Item that was not Secured in a Hall or Team locker);

# Team Room - Secure Belongings

- **Team Room – Student Athletes will have access to a Team Room and a Team Room locker for the Storage of their Backpack, Practice & Game Clothing & Equipment;**
- **Team Rooms will be locked from 7:30AM-2:10PM; Students will not have access to the Team Rooms during this time;**
- **ALL Items of Value (Technology Devices such as a Cell Phone, Chromebook, Tablet, Ipad Boom Box, Jewelry, Wallet, Purse) MUST be locked in a Locker, Preferably a Hallway Locker – Team Lockers are off limits during the day;**
- **DO NOT GIVE OUT THE COMBINATION TO ANYONE!!!**



# Academic Eligibility

## Policy #9070 – Academic Eligibility Policy for Extra-Curricular Activities;

Students must earn a minimum GPA of 2.0 with no more than one “E” grade during the previous quarter of the Athletic Season they desire to participate in...

4<sup>th</sup> Quarter RC – Governs Fall Eligibility – 8/10/22

1<sup>st</sup> Quarter RC – Governs Winter Eligibility – 11/15/22

2<sup>nd</sup> Quarter RC – Governs Spring Eligibility – 3/1/23



# Drug and Alcohol Policy



- **Students must comply with Policy 9230, Alcohol, Other Drugs, Prescription Medication and Over the Counter Products;**
- **Possession, Distribution, and/or Use of Alcohol or other Drugs while on School Property or at a School sponsored event is a Violation of this policy and will result in a 10-45 day School Suspension from participation in, and practice for all extracurricular and school related activities.**





# Responsible Use of Technology & Social Media – Policy 8080

- Everything a Student posts on any social media site is public information. Any text or photo placed online is completely out of their control once it is placed online—even if they limit access to their site;
- Parents & Students are expected to utilize appropriate, positive use of electronic communications toward athletes, coaches, and/or opponents of other schools;
- Think twice before posting;



**Any Inappropriate Social Media Post is a Violation of the Student Code of Conduct and may result in serious consequences ranging from team suspension to removal from the Team!!!**

# TRANSPORTATION

(Face Coverings ARE REQUIRED on each HCPSS Bus Trip)



**All Spring Athletic Teams travel to and from games on contracted busses thru the HCPSS. Extenuating circumstances may excuse a student from riding the Bus:**

- **Self-Transport Permission Slip (for one Game or the entire Season) – Only the Student-athlete may transport themselves or a student athlete may only go home with their Custodial Parent/Guardian (the Principal may approve extenuating circumstances).**
- **The custodial Parent/Guardian may Sign their own Child out at the last minute with their Head Coach after the conclusion of an away contest;**

**Any exceptions to this MUST be approved in advance by a CHS Administrator;**

# Attendance

**A student may not participate in any game or practice:**

- **During a period of suspension from school.**
- **On any day for which the student has an unexcused absence from school or truancy from any class.**
- **A student must be present for a half day to participate in an athletic event that day (a minimum of 3 periods) w/an Excused Note.**

**Exceptions will be approved by the principal/designee.**

# EVENT ADMISSION

HCPSS WILL TRANSITION TO GO FAN ONLINE TICKETS

ADULT TICKETS - \$5    STUDENT TICKETS – \$3

**Regular Season Athletic Events in the Stadium M-F on or after 5:30PM and anytime Saturday, Spectators will need to log on to GoFan and purchase tickets (\$ Adults and \$3 for Students (under the age of 7 are FREE)!**

**MPSSAA uses GoFan for Playoffs (a \$1.00 Service Charge):**

- *Tournaments/Invitational/Competitions - \$5.00*
- **MPSSAA - Region Play-off Contests – \$6**
- **MPSSAA – State Semi-Final Contest –\$8**
- **MPSSAA – State Championship Contest – \$10**

**Download the Go Fan App and order tickets at your fingertip!**

# Centennial Athletic Electronic Information Centers...

- **County Sports Zone – Site of Maryland’s 24 County Athletic Schedule and all scores during the regular and post season... ([www.countysportszone.com](http://www.countysportszone.com));**
- **Follow Us On Twitter: Centennial HS @hcpss\_chs;  
Centennial Athletics @CHSEagleSports;**
- **Instagram – CHS Athletics @ centennialathletics**

# www.CountySportsZone.com

chs-boosters | Copy of Turkey Tr... x hcps.me x My Drive - Google Drive x hcps.me x CountySportsZone.com | Scores x +


https://www.countysportszone.com/s/

Apps Google My Drive - Google ... Mt. Hebron High Sc... HCPSS Staff Hub Maryland Public Se... CountySportsZone... National and Local ... Howard County Ed... County Sports Zon... Other bookmarks

## Howard County [change]

CENTENNIAL HIGH SCHOOL	TENNIS GIRLS VARSITY	YEARS 2018 TO 2019	25 RESULTS	<	>	📅
------------------------	----------------------	--------------------	------------	---	---	---

SCHOOL INFO	SCHEDULE	STANDINGS
Mar 14th, 2019 at 3:45 PM: Tennis Girls Varsity Centennial at Patterson Mill		Scrimmage
Mar 21st, 2019 at 3:00 PM: Tennis Girls Varsity Hammond at Centennial Facility: Tennis Court		Game Not Started
Mar 22nd, 2019 at 3:00 PM: Tennis Girls Varsity Severna Park at Centennial		Game Not Started
Mar 25th, 2019 at 3:00 PM: Tennis Girls Varsity Centennial at Howard Facility: Tennis Court		Game Not Started
Mar 27th, 2019 at 3:00 PM: Tennis Girls Varsity Wilde Lake at Centennial Facility: Tennis Court		Game Not Started
Mar 29th, 2019 at 3:00 PM: Tennis Girls Varsity		Game



**THE THIRD ANNUAL INTERNATIONAL 5K & 1 MILE FAMILY RUN/WALK**  
Saturday, May 4, 2019  
Columbia, MD  
Howard Community College  
[Register Now >](#)

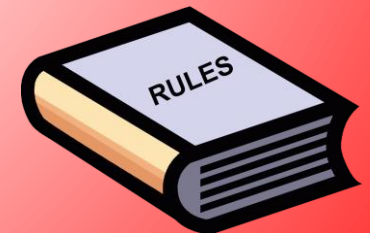
Windows taskbar: Word, Outlook, File Explorer, PowerPoint, Media Center, Edge, File Explorer, Internet Explorer, Chrome

System tray: 2:15 PM 3/12/2019

# Student Athlete Expectations

## Expectations of all our Student Athletes:

- **Attend all practices and games unless an excused absence; Inform the coach ahead of time;**
- **Students MUST be in School at least a half a day in order to practice/play; Any early dismissal or absence MUST be excused in order to practice/play that day;**
- **Act in a responsible, civil, ethical, and appropriate manner when using Social Media;**
- **Adhere to the HCPSS Policy #1060, “No Bullying, Cyberbullying, Hazing, Harassment & Intimidation of any team mate or any other student”**



# Student Athlete Expectations

## Expectations of all our Student Athletes:

- Arrive to Practice/Games on Time;
- At dismissal, be under the direct supervision of a Coach/Teacher, do not wander the building;
- Follow the behavioral guidelines as defined in the HCPSS Code of Conduct;
- During practices and competitions, conduct oneself in a positive manner and display good sportsmanship;





# Consequences

**Students who do not adhere to the HCPSS Rules of Conduct, the CHS Student Athlete Expectations, Social Media Guidelines or their Coach's Team Rules, may receive a consequence as deemed by the Coach or CHS Administration including...**

- 1. Adjustment in playing time;**
- 2. Suspension of game play;**
- 3. Dismissal from the team;**

# Sportsmanship Expectations...

## Rules of Conduct

ALL Spectators are to Support the HCPSS & CHS Sportsmanship Expectations & Rules of Conduct by demonstrating positive Sportsmanship at all Athletic Events.

### Expectations of Parents/Guardians & ALL Spectators:

- *Refrain from Intimidating or Harassing Officials, Coaches, all Student Athletes, Cheerleaders, Bands & other Spectators;*
- *Profanity, Throwing Objects and Entering the Track, or Gym during Game or Match Play is PROHIBITED!!!*
- *Applaud during the Introduction of Players, Coaches, Officials and great play;*
- *Demonstrate positive and supportive cheers throughout the Event!!!*

# Officials, Referees, Student Athletes & Opposing Spectators



- **Parents/Fans are not to address officials or opposing student athletes or fans before, during or after games, meets and matches; Failure to do so could get you banned from attending any HCPSS Games for up to 1 year;**
- **If you have a concern, please write a statement and email it to the AAM or the Head Coach and we can send it to the appropriate officials board; Often times we have seen the same thing and will be able to attach video evidence.**

**No one wins when an Official, Referee or an opposing Team member, Coach or Spectator are approached after an event!!!**

# Consequences

- **Spectators who do not abide by the CHS Sportsmanship Expectations or the HCPSS Rules of Conduct, will be spoken to and if the behavior continues, he/she will be escorted out of the Contest and off school property; Removal from a contest extends to the next Contest, Home or Away!**
- **Furthermore, your actions could result in a trespass letter banning you from future athletic events at all schools for up to 1 year;**
- **Remember....admission is a privilege to observe a contest, not a license to display insensitive or offensive behavior.**

# Centennial Boosters

President: Jane Hockersmith



Follow us on Twitter: Centennial Boosters @centboosters  
[www.centennialboostersonline.com](http://www.centennialboostersonline.com)

Become a  
member



# We Need Your Support...

## How You Can Help!!!



- **Become a Booster Member & bring a Friend to Join – ([www.centennialboostersonline.com](http://www.centennialboostersonline.com))**
- **Be your Team's Parent Rep – Communicate the Boosters Special Fundraisers**
- **Volunteer to Work the Concession Stand thru your Team Rep**
- **Attend our Monthly Meeting the 2<sup>nd</sup> Monday of the Month, 6PM in the CHS Guidance Conference Room**



# Coach Break-Out Google Meet Codes

## Coach Breakout Meetings - Time & Meet Codes:

Sport  
Code

Break-Out Google Meet

Baseball

CHS-

Baseball

Boys Lacrosse

CHS-

BoysLax

Girls Lacrosse

CHS-

GirlsLax

Softball

CHS-

Softball

Tennis (Boys & Girls)

CHS-Tennis

Track & Field (Boys & Girls)

CHS-TrackField

**Thank You for Your Support!!!**

**Go Eagles!!!**

